



5 TIPS

FOR A STRESS FREE SUMMER ROAD TRIP

1 Pack the car deliberately:

Make use of your car's compartments, console, and glove box so your necessities are easy to access during your trip. Put everything else out of the way.

2 Map it out:

Your smartphone and tablet can be a necessity when traveling, but relying on the GPS feature can be just as dangerous as texting while driving. Store your route before heading out.

3 Clothe for comfort:

Leave the dress, heels, and fancy tops in your suitcase. A comfy cotton tee, light layers, and a pair of socks will be your best friend on the road.



4 Immerse yourself in a bestseller:

Pick up some audio books at your local library, listening to something will help keep your brain occupied and ensure you stay awake and entertained on your trip.

5 Pull Over:

Take time to pull off the road to stretch every few hours. It's also a great way to try some local cuisine.

